



# GALWAY PLATE RESTAURANT



## BREAKFAST MENU

SERVED EVERYDAY FROM 8:00 AM TILL 12:00 NOON

**PHONE: 091 759 819**

Tuam Road  
Galway, H91 AP60  
[www.thegalwayplate.ie](http://www.thegalwayplate.ie)  
[thegalwayplaterestaurant@gmail.com](mailto:thegalwayplaterestaurant@gmail.com)



### • ALLERGEN INFORMATION •

Like most restaurants, we prepare and serve products that may contain Egg, Milk, Soy, Wheat, or other allergens. Please notify your server if you have an allergy.

ALLERGENS: C - CELERY, CR - CRUSTACEANS, E - EGGS, F - FISH  
G - GLUTEN, L - LUPIN M - MILK, MO - MOLLUSCS, MU - MUSTARD, N - NUTS,  
P - PEANUTS, S - SESAME SEEDS, SB - SOYBEANS, SD - SULPHUR DIOXIDE

# GOOD MORNING

Served from 8 am to 12 noon

FULL IRISH [ADD CHIPS €1.00] [E, G, M]	€14.00
2 Fried eggs, 2 Sausages, 2 Bacons, 1 Hash brown, Beans, Black & white Puddings, Tomato, Toast & Tea or Coffee	
MINI BREAKFAST [ADD CHIPS €1.00] [E, G, M]	€12.00
1 Fried egg, 1 Sausage, 1 Bacon, 1 Hash brown, Beans, Black & white puddings, Toast & Tea or Coffee	
THE VEGGI BREAKFAST [E, G, M]	€13.00
2 Fried egg, 2 veggie sausages, mushrooms, Hash brown, Tomato, Beans, Chips, Toast & Tea or Coffee	
THE WHOLE SHABANG [E, G, M]	€16.00
3 Sausages, 2 Fried eggs, 2 Bacons, Mushrooms, Fried potatoes, 1 Hash brown, Beans, Black & white puddings, Tomato, Toast & Tea or Coffee	
GRILLED KIPPERS [E, F, G, M]	€12.00
Served with Toast & Tea or Coffee	
OMELETTE [ADD CHIPS €1.00] [E, G, M]	€12.00
Choose 3 fillings from Ham, Cheese, Chicken, Mushrooms, Onions, Tomato, Toast & Tea or Coffee	
BREAKFAST BAP [E, G, M]	€12.00
Floury Buff filled with sausage, egg & bacon served with Toast & Tea or Coffee	
AMERICAN STYLE PANCAKES [E, G, M]	€12.00
2 Bacon, 2 Eggs, 2 Pancakes, honey or Maple syrup, Toast & Tea or Coffee	
JUST EGGS [E, G, M]	€8.50
2 eggs cooked as you like Boiled, Fried, Poached or Scrambled Toast & Tea or Coffee	
PLAIN PANCAKES [E, G, M]	€8.00
2 Pancakes with honey or Maple syrup	
FRESHLY MADE PORRIDGE [G, M]	€6.50
Drizzled with honey	
CORNFLAKES / MUSSELI [G, M]	€6.50
SCONE & TEA / COFFEE [E, G, M]	€6.50
TOAST & TEA / COFFEE [E, G, M]	€6.00

## HOT BEVERAGE

TEA	€3.00
HERBAL TEA	€3.00
ESPRESSO	€3.00
AMERICANO	€3.50
CAPPUCCINO	€4.50
LATTE	€4.50
FLAT WHITE	€4.50
MOCHA	€4.50
FLAVOURED COFFEE	€4.50
HOT CHOCOLATE	€4.50

## SOFT BEVERAGE

COKE	€3.50
FANTA	€3.50
SPRITE	€3.50
CIDONA	€3.00
LUCOZADE	€3.50
APPLETIZER	€3.00
GLASS OF JUICE	€2.50
PINT OF MILK	€3.00
GLASS OF MILK	€2.00
BOTTLE OF WATER	€3.00