

DESSERTS

HOMEMADE CHEESE CAKE [MK, G] Served with fresh cream & ice cream	€7.00
SHERRY TRIFLE [MK, G] Served with fresh cream & ice cream	€7.00
BREAD & BUTTER PUDDING [E, MK, G] Served with fresh cream & ice cream	€7.00
TRADITIONAL APPLE PIE [MK, N, G] Served with warm custard, fresh cream & ice cream	€7.00
WARM APPLE & BERRIES CRUMBLE [MK, N, G] Served with warm custard, fresh cream & ice cream	€7.00
CHOCOLATE BROWNIE [E, MK, N, W] Served with chocolate sauce, & fresh cream	€7.00
PROFITEROLES [MK, W] Served with chocolate sauce & fresh cream	€7.00
SELECTION OF ICE CREAM [MK] OR SORBET	€6.00

HOT BEVERAGE

TEA	€2.50	COKE	€3.00
HERBAL TEA	€2.50	FANTA	€3.00
ESPRESSO	€2.50	SPRITE	€3.00
AMERICANO	€3.00	CIDONA	€3.00
CAPPUCCINO	€3.50	LUCOZADE	€3.00
LATTE	€3.50	APPLETIZER	€3.00
FLAT WHITE	€3.50	JUICE	€2.50
MOCHA	€4.00	PINT OF MILK	€2.50
FLAVOURED COFFEE	€4.00	GLASS OF MILK	€1.50
HOT CHOCOLATE	€4.00	BOTTLE OF WATER	€3.00

SOFT BEVERAGE

ALLERGEN INFORMATION

C - Celery	MK - Milk	P - Peanuts
E - Egg	MO - Molluscs	S - Shellfish
F - Fish	MU - Mustard	SD - Sulphur Dioxide
G - Gluten	N - Nuts	SE - Sesame
L - Lupin	SO - Soya	

Like most Restaurants, we prepare and serve products that may contain Egg, Milk, Soy, Wheat or other allergens. Please notify your server if you have an allergy.

LUNCH MENU



THE GALWAY PLATE RESTAURANT

OPEN EVERYDAY FROM
8:00AM TILL 8:00PM

GIFT VOUCHER AVAILABLE

PHONE: 091 759 819

Tuam Road, Galway, H91 AP60

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www.thegalwayplate.ie

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The Galway Plate Restaurant



Open everyday from 8:00 am to 8:00 pm

STARTERS

HOMEMADE SOUP OF THE DAY [C, MK] Served with home made Brown bread or bread roll [E, G, MK]	€6.00
HOME MADE FISH CAKES [E, F, G, MK, MU] Served with mixed leaves & sweet Chilli Sauce	€12.00
STICKY BBQ CHICKEN WINGS [C, E, MK, MU] Served with BBQ sauce and side salad	€9.00
GOLDEN FRIED GARLIC MUSHROOMS [E, G, MK, MU] Breaded mushrooms filled with cream cheese, served with Garlic dip	€9.00
CHICKEN CAESAR SALAD [E, F, G, MK] Warm Chicken & Bacon, topped with croutons, parmesan shavings and creamy Caesar dressing	€12.00
GRILLED GOAT CHEESE SALAD [MK, MU] Drizzled with balsamic dressings, served with red onions marmalade & mixed leaves with house dressing	€12.00
CREAMY SEAFOOD CHOWDER [C, F, G, MK, MO, S]	€13.00
CHOWDER AS MAIN Served with home made Brown bread or bread roll [E, G, MK]	€16.00
STARTER AS MAIN Served with chips	€15.00

Our side salad dressings contains Honey & Mustard [MU]

SANDWICHES

All sandwiches are served with chips, salads [MU]

CHICKEN GOUJONS WRAP [E, G, MK, MU] Fried chicken goujons wrapped with tomato, peppers, onions, Lettuce & sweet chilli sauce	€10.00
GRILLED BOMBAY CHICKEN CIABATTA [E, G, MK] Served with melted cheese on ciabatta	€12.00
TUNA MELT [E, F, G, MK, MU] Tuna, sweet corn, red onions on open-sliced ciabatta Topped with melted cheese	€12.00
TRIPPLE DECKER [E, G, MK] Toasted sandwich with warm chicken, crispy bacon & fried egg	€12.00
CLASSIC B. L. T [E, G, MK, MU] Toasted sandwich filled with crispy Bacon, Lettuce & Tomato	€12.00
TOASTED SANDWICH [E, G, MK, MU] CHOICE: HAM, CHEESE, CHICKEN Toasted sandwich with tomato, lettuce & onions	€9.00
FRESHLY CUT SANDWICH [E, G, MK, MU] CHOICE: HAM, CHEESE, CHICKEN, TUNA Plain loaf bread with tomato, lettuce & onions	€7.00
SOUP & SANDWICH COMBO Served with homemade soup of the day & any sandwich on its own	€12.00

All Meats and Vegetables are 100% Irish & locally sourced

LUNCH MAINS

6oz STEAK SANDWICH [E, G, MK, MU, SD] Served on Ciabatta bread with sautéed mushrooms & onions and peppercorn sauces. Served with salad & chips	€20.00
6oz STEAK BURGER [C, E, G, MK, MU] Floury bap, crispy Bacon, cheese, tomato relish, lettuce Served with salad & chips	€18.00
BEER BATTERED FISH & CHIPS [E, F, G, MK, MU] Battered Cod with tartar sauce, salad & chips	€20.00
PORK-LEEK BANGERS & MASH [C, G, SD] Served with creamy mashed potato & gravy	€16.00
CHICKEN GOUJONS [E, G, MK, MU] Chicken Goujons breaded in Southern fried flour, served with Sweet chilli sauce, salad & chips	€15.00
ALL DAY BREAKFAST [E, G, MK] Served with two fried eggs, bacons, sausages, black & white pudding tomato, hash-brown, baked beans, toast & Tea or Americano	€14.00
MIXED GRILLS [E, G, MK] 5oz sirloin steak, two bacons, sausages, fried eggs, fried mushrooms, back and white pudding, tomato & Tea or Americano	€22.00
MILD CHICKEN CURRY [C] Served with plain basmati rice & poppadum [G]	€17.00
ROAST OF THE DAY [C] Served with creamy mashed potato, mixed vegetables & gravy	€18.00
CATCH OF THE DAY Served with creamy mashed potato, mixed vegetables & white sauce	€18.00

PASTA DISHES

IRISH BEEF LASAGNE [C, E, G, MK] Topped with cheddar cheese, served with salad, coleslaw & chips	€18.00
SPAGHETTI BOLOGNESE (C, G, MK) Served with garlic bread and parmesan toppings	€18.00
PASTA CARBONARA [E, G, MK] Tagliatelle cooked in creamy sauce with bacon, topped with Parmesan shavings & garlic bread	€15.00
CHICKEN, MUSHROOMS & SPINACH PASTA [E, G, MK] Penne pasta cooked in creamy sauce with chicken, mushrooms & spinach topped with parmesan shavings & garlic bread	€15.00
SEAFOOD TAGLIATELLE [C, F, G, MK, MO, S] Tagliatelle cooked in creamy sauce with mixed seafood topped with parmesan shavings & garlic bread	€18.00
VEGETERIAN PASTA [E, G, MK] Penne Pasta cooked in tomato sauce along with mixed vegetables Topped with parmesan shavings & garlic bread	€15.00

SIDES

SIDE CHIPS	€3.50	SIDE SALAD	€3.00
MASH POTATO	€3.00	FRIED MUSHROOMS	€3.50
SIDE VEG	€3.00	GARLIC BREAD	€3.00
RICE	€2.50	SODA BREAD	€2.00



www.thegalwayplate.ie